



**The Dr. Charles A. Sanders/Project HOPE  
International Residency Scholarship Program  
For North Carolina Medical Residents  
2018 Information and Application**

**FULLY FUNDED COMPETITIVE SCHOLARSHIP FOR PGY 1-5 MEDICAL RESIDENTS**

**2-8 WEEK GLOBAL HEALTH IMMERSION EXPERIENCE**

### **Overview**

Project HOPE, a global health organization committed to empowering health care workers, has established an endowment to support the Dr. Charles A. Sanders/Project HOPE International Residency Scholarship Program. Through this scholarship program, selected medical resident physicians are offered, through a competitive application, a full scholarship funding a two-to-eight week, supervised global health elective at a Project HOPE international program site. The scholarship is offered to resident physicians from North Carolina's four academic medical universities: Duke University, University of North Carolina, Wake Forest University, and East Carolina University.

### **Details of the Residency Scholarship Program**

#### ***Participating Institutions***

The Dr. Charles A. Sanders/Project HOPE Residency Scholarship is offered annually to resident physicians from Duke University, the University of North Carolina, Wake Forest University, and East Carolina University. The following distinguished academic leaders within the state provide guidance and oversight for the program:

- Mary E. Klotman, M.D., Dean of the School of Medicine and Vice Chancellor for Academic Affairs, Duke University
- Mark Stacy, M.D., Dean of the Brody School of Medicine, East Carolina University.
- William L. Roper, M.D., M.P.H., Dean of the School of Medicine, Vice Chancellor for Medical Affairs and CEO of the UNC Health Care System, University of North Carolina, Chapel Hill
- Julie Freischlag, M.D., Interim Dean of Wake Forest School of Medicine, Wake Forest University
- Shay Slifko, M.A., Program Manager of University of North Carolina School of Medicine

#### ***Eligibility***

The scholarship is open to resident physicians (PGY 1-5) who have completed at least the first year of postgraduate training from the participating institutions by the time of their service. Applicants are expected to demonstrate an interest and commitment to the practice of medicine in a low-resource international setting.

Other criteria, including appropriate foreign language skills, will be established by Project HOPE in consultation with the university partners and the program Advisory Board, and dependent on proposed placement site. (Given that countries where English is widely used would attract and be suitable for the greatest number of applicants, foreign language skills may be desirable, but will not be a pre-requisite for the scholarship.) All scholarship recipients must complete travel health and safety requirements under the auspices of the participating university and Project HOPE.

### *Assignments*

Project HOPE currently works in 27 countries around the world – with program sites in Latin America and the Caribbean, sub-Saharan Africa, China and Southeast Asia, Russia/Eurasia, and the Middle East. The sites selected for each rotation have supervising physician leadership and a clinical program in which a resident physician could make a contribution to the local health education and health care delivery systems. Given that all residencies require physician supervision, HOPE-affiliated physicians in the host country will commit to providing the requisite clinical supervision at the site. In making assignments, Project HOPE will seek to ensure consistency of annual program sites, to enable the development of a supportive infrastructure on the site and to foster relationships with the residents' schools. An individualized scope of work will be developed for each scholar, including objectives and an appropriate academic product, and a post-scholarship report would be required following each assignment.

The Sanders/Project HOPE scholarship will cover:

- Evacuation insurance and traveler's insurance costs
- Pre-deployment medical exam and vaccinations
- Any associated orientation costs
- One round-trip, economy class airline ticket
- Visa (as needed)
- Meals and lodging
- Airport transfers to/from host-nation airport and clinic/lodging

For the upcoming rotation, global health sites include:

- **University Clinical Center of Kosovo, Kosovo**- Project HOPE has been working in Kosovo since 1992. With an office based in Macedonia, our goal is to provide programs ranging from community interventions to trainings for hospital-based health care providers. The ultimate goal is to support the development of the health systems throughout the region. In 2007, HOPE began implementing the Strategic Medical Resupply Program (SMRP), a program designed to improve the quality of care for patients in the Balkans region by providing targeted donations of medicines and medical supplies. More recently, HOPE is implementing a hospital-based program that provides hands-on trainings, lectures, and advanced skills to healthcare workers. University Clinical Center of Kosovo (UCCCK) is welcoming residents for clinical roles and exchange of knowledge in the hospital setting for a variety of specialties, including: pediatrics, oncology and ophthalmology.
- **Herrera Primary Care Clinic and Maternity Hospitals, Dominican Republic**- Project HOPE has maintained a country office in the Dominican Republic for more than 20 years, implementing impactful programs focused on maternal and child health with special emphasis on prevention of maternal and neonatal mortality. In alignment with the Ministry of Health and the National Health Service, HOPE

collaborates with primary care clinics and maternity hospitals in the Dominican Republic to provide care and build the capacity of healthcare workers at multiple levels. Project HOPE's award-winning "5 Stars" model and the "Saving the Newborn" initiative create standards of quality care and support families during the first precious years of a child's life. Sanders Scholars will have varied opportunities to contribute to patient care, improve programs and strengthen health systems through medical practice, community-based outreach and/or research. Intermediate or advanced language skills are strongly preferred for placement in the Dominican Republic due to the anticipated level of patient interaction. To best meet identified needs in the field, we have placement opportunities for a variety of specialties and skill sets within maternal child health (MCH).

- **Skopje Pediatric Hospital, Macedonia-** In 1992, Project HOPE became the first health organization to provide humanitarian assistance to Macedonia, with the delivery to the Ministry of Health (MOH) of medicines and medical supplies. Programs ranging from community interventions to the provision of training for hospital-based health care providers are implemented with the goal of supporting the development of the health systems in the region. In addition to our humanitarian assistance and professional training programs, Project HOPE in partnership with University Clinical for Pediatrics has started the "PeriMac" project, whose goal is to reduce the highest perinatal mortality and morbidity in Europe concerning Macedonia. This site boasts a variety of opportunities, from participating in counterpart educational exchange; to side-by-side mentoring in practical, clinical setting; to teaching pre-determined, specific training programs. For Sanders Scholars placed at the Skopje Pediatric Hospital, a clinical role can be arranged within the specialties of neonatology or OBGYN.
- **Shanghai Children's Medical Center (SCMC), China-** Project HOPE has been working to improve the health of communities in China for more than 30 years through a strong partnership with the National Health and Family Planning Commission of China (formerly the Ministry of Health). SCMC is now the foremost children's hospital in China, particularly for diagnosing and treating children with critical illness, cancer, congenital heart diseases and rare genetic diseases. Project HOPE continues to support SCMC through the training of health care professionals and health system strengthening. Both clinical and research roles can be arranged for Sanders Scholars in the following areas: general pediatric, respiratory medicine, surgery, critical care, hematology oncology, Chinese medicine, and pediatric cardiac care. SCMC welcomes residents who are willing to share US medical training and research ideas for partnership collaboration.

### *Timeline*

Annual scholarship applications will be available January 1 and accepted up until the application deadline of April 21. Following application submission, candidate review, screening, and phone interviews will be conducted. Final selection decisions will be made by the advisory board no later than May 5. The selected candidate(s) will be able to schedule a virtual or on-site orientation session with the Project HOPE office, based in Virginia, during June-July. Deployment to the field will take place during the remaining 2018 calendar year, depending on the schedules and availability of the residents selected, in coordination with the HOPE host site. Project HOPE and the participating university will collaborate on resident orientation, which will include a review of the scope of work and expectations, HOPE and University policies and procedures, travel and on-site logistical arrangements, etc.

### *The Dr. Charles A. Sanders Legacy*

*Charles A. Sanders, M.D. has dedicated his career to extending the benefits of medical care to people and communities in need around the world, and to advancing the role of prospective physicians in this humanitarian endeavor. Over the course of this distinguished career, his knowledge and commitment have been employed in the corporate sector (including leadership positions at Glaxo and directorships at several biopharmaceutical companies); academic medicine (University of North Carolina Health Care System, Harvard University and Massachusetts General Hospital); national research organizations (National Institutes of Health, Institute of Medicine); and the international NGO sector (a member of the Project HOPE Board of Directors for more than 20 years and Chairman of the Board for 18 years).*

*Dr. Sanders is the longest-serving Chairman in Project HOPE's 60 year history. Apart from HOPE's founder Dr. William B. Walsh, no individual has made a greater contribution to the growth and international expansion of the organization and to its stature as a global leader in health education, medical training, and humanitarian assistance. As a physician, Dr. Sanders has maintained HOPE's focus on building the capacity of health care delivery systems in developing and emerging countries around the world by training physicians and other professionals. This scholarship program recognizes and honors this commitment and supports the vital work to which Dr. Sanders has dedicated his life.*

## Application Requirements

*All parts of the application must be submitted together. Individual pieces will not be accepted.*

For applications, submit a packet that includes the *Dr. Charles A. Sanders/Project HOPE International Residency Scholarship Program Application* (see next page) with the following attached documents:

1. Detailed statement of interest (maximum two single-spaced pages) that explains why this opportunity is in line with the resident physician's career goals and would be a valuable opportunity. This should include:
  - a. the global health site of choice and explanation of preference;
  - b. a brief description of any previous global health experiences;
  - c. educational objectives with regard to the experience; and
  - d. the dates/months of available elective time for travel.
2. A letter of reference from a faculty physician who has worked with the resident applying **during** residency.
3. A letter of support from the residency director of the program in which the resident is currently participating.
4. An updated CV/resume.

Submit applications to:

Project HOPE  
c/o Global Volunteer Programs  
255 Carter Hall Lane  
PO Box 250  
Millwood, VA 22657

Applications may also be submitted to Rachel Ray, Associate Program Officer, at [r-ray@projecthope.org](mailto:r-ray@projecthope.org).

Applications are due by close of business on **April 21, 2018**.



**The Dr. Charles A. Sanders/Project HOPE  
International Residency Scholarship Program  
For North Carolina Medical Residents  
2018 Application**

Full name:

University:

Specialty:

Year of training:

Mailing Address:

Email:

Phone:

Residency Director Name and Contact Information:

Additional Faculty Recommendation:

Preferred Global Health Site:

Proposed dates/months available for global health elective experience:

By my signature below, I authorize the advisory committee for the Dr. Charles A. Sanders/Project HOPE International Residency Scholarship Program to contact my residency director and additional faculty reference regarding to my academic standing and support for this application. I give my permission for the committee to review all materials pertinent to my application for this scholarship. I agree to comply with recommendations and requirements proposed by the Project HOPE advisory board, staff and the participating university in administrating this scholarship. I also agree to prepare a written report of my experience at its conclusion.

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Signature

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Date