

## Rainbow Bridge

### Care for Children with Epilepsy Program

To help Chinese children with epilepsy have better medical treatment and enjoy a better quality of life, Project HOPE and UCB launched the Rainbow Bridge-HOPE and Care for Children with Epilepsy Program in March 2013. The program has been carried out through health professionals' training at 11 affiliated hospitals and seeks to standardize diagnosis and treatment methods, improve patient and family guidance to relieve their anxiety, and enhance public education to better improve clinical capacity in epilepsy in China. The project also helps families build confidence to overcome the disease hurdles and educates the public to reduce the social stigma associated with the disease.

By September 2014, eight epilepsy workshops for health professionals had been carried out, which trained 834 doctors and nurses in total. Three more training workshops will be held in 2014. A family guide book about epilepsy was written to teach parents how to take care of their children in many aspects, including how to deal with seizures, how to take medicine, tips on going to school and playing sports, dietary suggestions and building confidence. There is also a diary for patients to record their symptoms and health conditions for better clinic follow-up. In five selected hospitals, monthly parents' education meetings are held to guide them in better taking care of their children and providing them with a very good opportunity to speak with doctors. Two education leaflets were designed for public education and were disseminated in campaigns including International Epilepsy Care Day and Sunshine Summer Camp. All of the education materials were shared in the 11 affiliated hospitals.

- Shanghai Children's Medical Center
- Beijing University First Hospital
- Guangzhou Women and Children's Medical Center
- Shengjing Hospital of China Medical University
- The Second Affiliated Hospital of Xi'an Jiaotong University
- Children's Hospital of Zhengzhou
- Wuhan Women and Children Medical Care Center
- Qinghai Women and Children's Hospital
- West China Women's and Children's Hospital
- Fujian Medical University Union Hospital
- Children's Hospital Affiliated to Kunming Medical University



For more information, please go to the epilepsy program page of Project HOPE China website.

<http://www.projecthope.org.cn/english/shanghai/special.asp?specialid=26>