

USAID Dialogue on HIV and TB Project in Uzbekistan

Duration: 2010-2014

Goal: reducing the spread of the HIV and tuberculosis (TB) epidemics in Tashkent city, Uzbekistan through improving health behaviors among most at-risk populations (MARPs).

Target groups: people who inject drugs (PWID), sex workers (SW) and people living with HIV (PLHIV).

Outreach work among people who inject drugs and sex workers



TB mini session with drug user, bus stop, Tashkent

- TB and HIV informational sessions and counseling to change unsafe behavior for MARPs
- Dissemination of HIV and TB information educational materials among MARPs
- Referral or escort of MARPs for medical specialists' consultations, HIV and TB medical services including voluntary counseling and testing for HIV (VCT), TB and STI diagnostics
- TB case management program to help MARPs to complete TB treatment
- Work with MARPs' close-relatives

Health providers capacity development



Trained TB nurse is counseling patient

- Round table with health care stakeholders to strengthen interaction to improve access of MARPs to medical services
- Training on stigma reduction, counseling, communication skills with MARPs and work place TB prevention for health providers
- Training on counseling and interpersonal communication skills (introduction of flip chart on counseling TB patients) for nurses from TB Dispensaries

Integration of HIV and TB services for PLHIV



TB counseling of HIV patient, AIDS Centre

- Peer education activities related to HIV and TB
- Referral or escort of PLHIV to health care facilities for TB diagnostics and treatment
- Counseling on TB and HIV treatment adherence support
- TB case management program to help PLHIV to complete TB treatment
- Peer patient support groups
- Work with close-relatives and co-dependants

Prevention gender-based violence (GBV) to reduce HIV infection



Support group with ART therapy GBV victims

- GBV prevention education activities among female MARPs and sexual partners of male PWID
- GBV prevention psychological counseling
- Referral or escort of GBV victims to health care facilities
- Psychological support groups with art therapy

Advocacy and community involvement

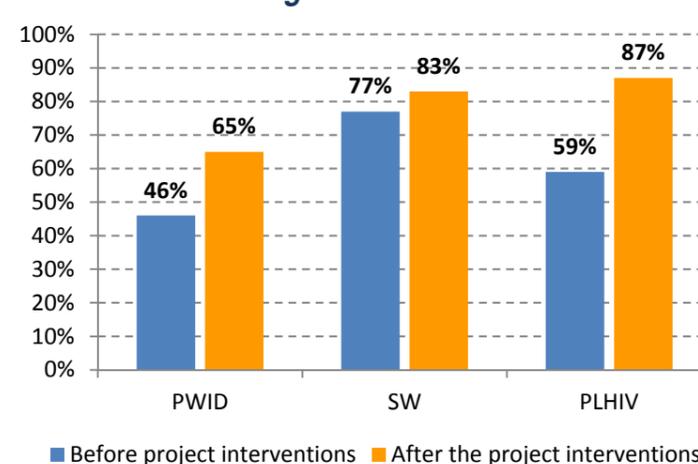


Training on HIV and TB for Mahalla (community)

- Round tables and trainings with police on stigma reduction among MARPs and HIV and TB issues
- Training on highlighting issues of HIV and TB in mass media in Uzbekistan for journalist
- Trainings on HIV and TB prevention, treatment adherence support, and stigma reduction among MARPs for community leaders
- Development of HIV and TB guidelines for health providers, journalists, community leaders and outreach workers
- Development of HIV and TB information materials

PROJECT ACHIEVEMENTS

Use of condom during last sexual intercourse



- Over 9000 MARPs reached with project interventions
- 1650 went through TB testing
- 1242 clients received VCT
- 125 new TB cases were detected
- 723 female clients received GBV prevention services
- 127 GBV victims attended psychological support groups and counseling
- Over 80% clients enrolled in treatment adherence support completed TB treatment
- 93% of PWID and 98% PLWH know that TB is curable.