Happy 2011. I know that many of you have spent a great deal of time shoveling snow, while others have had lots of rain. In the San Francisco Bay Area we nearly had snow last week. Let us hope that we will all have a nice spring season.

Included in this edition of The Bulletin are stories about a recent mission to Haiti, an update on a former counterpart from the Natal, Brazil program, and the news about the selection of Judith Moore to be the William B. Walsh Endowment Chairperson in Maternal Child Health. Also, we have a note from Debra Reister about our next reunion/national meeting being planned for October 2012 asking for volunteers to help with the event. Finally, Valerie Cook has a note regarding donations.

The next Alumni Association board meeting will be in Portland, Ore. from Sept. 29 to Oct. 2, 2011. Please let me know if you have any items you would like for us to discuss. Since we will be working on the next reunion, let us know what you would like us to include in the schedule for the event.

Following the release of the previous newsletter I was asked if we could include in the In Memorium a listing of the voyages and other work of former Hopies. We have attempted to include that information in this edition. Remember to notify either the board or the Project HOPE office at Millwood of the death of former Hopies so that they may be honored by the Association.

The next two issues of The Bulletin will have information about the next election of officers for the Alumni Association. Should you be interested in becoming a member of the board, or would like to nominate someone, please notify me. The election will be finalized and announced during the 2012 reunion.

Lastly, we have updated the contact information for current board members. We rely on you to notify us of any changes in your contact information so that we can keep our directory up to date.

In this Edition
-Project HOPE in Haiti
-Counterpart Update
-Gifts to HOPE
-Project HOPE Reunion
-Judith Moore Awarded Fellowship

SHARE WITH US!!!
- How a humanitarian mission affected or changed your life.
- A favorite memory of a mission
- Your thoughts about the value of a HOPE mission
- Any stories/activities about other alumni that you know
- Stories of a career change that can be the result of your work with Project HOPE
- All photos welcome with a story
Send all stories and photos to Melanie Mullinax at mmullinax@projecthope.org.
Judith Moore, nurse and midwife, awarded fellowship
By Nancy Savage

The alumni board is very pleased to announce that Judith Moore has been selected as the new William B. Walsh Fellow in International Health. Ms. Moore will serve as the Project HOPE senior advisor for maternal child health programs. She has an extensive international background in public health, maternal and child health and in nursing and midwifery program development. Most recently she has been resident technical advisor and program manager for Jhpiego/Johns Hopkins University in Cambodia where she was involved with the development and implementation of maternal and newborn health policies for the Ministry of Health. Prior to this she worked several years with Save the Children Federation as Asia regional technical advisor for Saving Newborn Lives Initiative and was responsible for their programs in Pakistan, Nepal, Bangladesh, Vietnam and Indonesia. Her earlier work with Save the Children was as a public health advisor in rural areas of Nepal and with refugee populations in Ethiopia, Somalia, Bhutan and Iraq, as well as, teaching midwifery in Tanzania.

Her remarkable global health career also included serving as neonatal team leader for the BASIC’s Project with the John Snow organization. Her work with this group included developing midwifery and birth attendant neonatal training in Nigeria and other maternal and neonatal health programs in Bolivia, El Salvador and Cambodia.

Judith Moore graduated from London’s University College Hospital as a state registered nurse and from St. Mary’s Hospital, London as a registered midwife. She also received a diploma in hygiene and tropical medicine from the London School of Hygiene and Tropical Medicine and a Masters of Science in Primary Health Care Management for Developing Countries from the University of Wales, College of Medicine, Cardiff. She completed an Epidemiology Fellowship at the Centers for Disease Control and Prevention in Atlanta, Ga.

The William B. Walsh M.D. Endowment Fund was established in 1992 to support a fellowship for outstanding individuals in the health field. The person receiving the award will spend one or two years implementing specific projects at Project HOPE headquarters or project sites. The criteria for selection include holding a graduate degree, and having distinguished him or herself as a national or international leader in the health field. They must have demonstrated interests, background, and accomplishments which would further education in international health and personally embody the ideals, spirit and vision of HOPE’s founder, Dr. William B. Walsh. Judith Moore certainly meets these criteria and the alumni board is confident that she will be a great asset to Project HOPE. We look forward to her attending the Alumni Association Reunion next year and learning more about her and her work as a William B. Walsh Fellow.

Gifts to HOPE
By Valerie Cook, Immediate Past President

Many of our alumni have requested that the frequency of solicitations from Project HOPE be reduced or stopped completely. The HOPE staff are listening and fully understand that donations depend on your individual circumstances and can vary from month to month or year-to-year. Although cash and checks are the most popular way to make tax free charitable gifts, non-cash donations, or a bequest can be made through your will or trust. For a bequest, you may consult an attorney to ensure that your wishes are met or include the following simple statement in your will.

“After fulfilling all other provisions, I give, devise, and bequeath to Project HOPE – The People-to-People Health Foundation, Inc. (commonly known as Project HOPE), a charitable corporation [Tax ID #53-0242962] presently located at Millwood, Virginia 22646, ___% of the remainder and residuary of my estate (or $___ if a specific amount) for its general purposes.”

If you would like more information, visit the website www.projecthope.aboutgiving.net or contact Barbara Kabakoff, Director, Planned Giving and Major Gifts: (800-544-4673 ext 487.)
On Dec. 27th Project HOPE sent me, Diane Speranza, to Haiti for two weeks to help with the cholera outbreak. On the same flight were new Project HOPE volunteers, Laura Deely and Maggie Ogden, and JoAnne Machin, who was with me on the Tsunami mission. Veterans Michele Okamoto (who was in Haiti in 2009) and Aislinn Mangan (in Haiti for months) were already there.

After landing in Port Au Prince we embarked on a 3 hour road trip in the dark through some very rough roads and mountains to our destination, the town of Deschapelles in the Artibonite Valley. We stayed on the campus of the 130-bed Albert Schweitzer Hospital, established in 1956 by members of the Mellon family. Ian Rawson, the son of the founders, is the gracious chairman who manages the hospital, provided such hospitality, and is a true hero in Haiti. His works extend far beyond the hospital; see http://www.hashaiti.org/.

The house we stayed in had friendly, hard-working med students and physicians from Poland, as well as our cheerful and hardworking HOPE group. Gracious local women washed our clothes, scrubbed the house and cooked three good meals a day. Our rooms were very comfortable; Michele and I roomed together as usual! Cold, clean water was available several hours a day. We became pretty fond of the tea kettle used to warm up our rinse buckets! We sometime awoke to the sounds of dogs, cats, roosters, donkeys, horses and goats—a veritable menagerie!

My first assignment was the pediatric cholera ward. We had 15 patients. The treatment for them was IV fluids (Ringers Lactate) and an antibiotic (erythromycin or doxycycline). As dehydration resolved, they were given an electrolyte solution to drink. The usual stay was four days. As with the adult cholera patients, the volume of vomiting and diarrhea was massive. As fast as the fluids would go in they would come out.

We admitted two new patients that first day, a boy eight years old and a little girl about three years old. Both looked close to death. The boys eyes were terribly sunken by dehydration. The little girl did not attempt to move at all with the IV stick, and she was so dry her lips were bleeding. They had no strength to cry and were very flaccid. It was just so amazing to see the improvement in both of them after several hours of treatment.

Part of my time was spent working in the NICU (neonatal intensive care unit). I was petrified when they told me I was going to work in the NICU as I am a pediatric nurse; preemies are a whole different world! I soon learned, however, that their NICU is not like the ones in the US. A family members stay with the patients 24/7 and give most of the hands-on care. Medical and nursing care is basic; IVs, meds, oxygen, feeding tubes, and formula if the mom had no milk.

It took me a few days to accept that death is so often expected in Haiti. I was alone when one little girl died. She was less than 2 lbs.
I attempted CPR, but knew it was fruitless. I felt so helpless. I didn’t have a translator, so I comforted the mother without words. I realized that sometimes the best I could do was to spend time just holding and loving the babies, and showing the families that I cared.

In the beginning of the cholera outbreak Albert Schweitzer staff treated over 130 patient a day, many outside; truly an overwhelming and ongoing mass casualty event. Countless lives were saved, as everyone worked heroically 24/7 in impossible conditions. Imagine this new disaster coming so quickly on the heels of the earthquake! Most people don’t realize that Hopital Albert Schweitzer received thousands of badly injured patients escaping from the devastation of Port au Prince.

The current census is about 20-50 patients a day in a separate isolation ward, but that keeps the staff remarkably busy! Cholera patients can receive gallons of fluids over days. I would start at one end go around to all the patients hanging IV bags, and by the time I was done, I had to start all over again. The treatments are standardized into four protocols which work remarkably well, and are applied based on the severity of the patients’ dehydration. The Haitian nurses do a great job teaching the families precautions to take, such as wearing of gloves, washing their hands with bleach solution, waste disposal, home sanitation and water safety.

Michele got to work in the emergency/observation ward (Sal Obsevasyon) part of the time, and had many stories to tell. She and the staff had lots of laughs over her junior high school French and weird attempts at Creole, but she managed to communicate fairly well. But like me, most of what she left behind consisted of modeling professional nursing care.

An unexpected positive treat was visiting a nearby orphanage and spending some time with the 14 orphans. The children were so excited to see visitors that they greeted us with hugs and kisses. They were remarkably polite and well behaved, the older ones looking after the younger ones. We had a few crayons, coloring books and stickers that they all freely shared with one another (remarkable!). All of them said hello, goodbye and thank you in English.

Michele and I are so grateful to have been given the opportunity to support the amazing staff at Albert Schweitzer, to work with wonderful HOPE volunteers, and to help in any way with the recovery in Haiti. As always, we are so proud to be part of Project HOPE.
The Project HOPE 2012 Reunion

The Project HOPE 2012 Reunion is now being planned. The reunion will be held in Chicago, Ill. from October 21-23, 2012. The event will be held at the Union League Club of Chicago. You remember the club, as it was used the last time the reunion was held in Chicago. To get updated on the facilities, please see the website: http://www.ulcc.org/.

We are currently looking for alumni who would like to assist with organizational details of the reunion, so please contact Debbie Reister, chairperson of the Chicago Reunion Committee, at dreister@comcast.net. More details of the reunion will be made available as the date draws near.

Counterpart Update
By Irene Machado

Dr. Mohandas Bhat, in April of 2010, was invited to address the Indian Association of Public Health Dentistry (IAPHD) at their annual meeting held in New Delhi, India. He was also honored by IAPHD for introducing the discipline of dental public health in India, by starting the first ever Department of Preventive and Social Dentistry at the Government Dental College (GDC), Bangalore in 1968.

Dr. Bhat served with Project HOPE in Natal, Brazil from 1975 to 1979. He started the master’s course in Community Dentistry at the Faculty of Dentistry at the Federal University of Rio Grande do Norte.

In Memoriam

Mayfield Harris, MD, voyages 2, 5, 7 and Ganado
Terry Campbell, RN, voyage 1
Carol Rymer Davis, MD, voyage 7
Davis Durham, MD, voyages 1, 2, 4, 6

RN, Diane Speranza with a Haitian orphan. Diane traveled to Haiti for two weeks to assist with the cholera outbreak.
ADDRESS CHANGES

The alumni directory is updated monthly by one of our regional directors. If you change your address or email, please contact Irene Machado at machado.irene@gmail.com so you will receive the newsletter and all communication from the Alumni Association.

The information in our alumni directory is kept confidential and is NOT shared with any other organization. If you want to change the amount of donor mail that you receive from Project HOPE, contact dcombs@projecthope.org.

Project HOPE Alumni Association
Alumni Board Presidents

<table>
<thead>
<tr>
<th>PRESIDENT</th>
<th>YEARS SERVED</th>
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<tbody>
<tr>
<td>Elmer Diskan*</td>
<td>1986 - 1988</td>
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<tr>
<td>Herbert Bloom*</td>
<td>1988 - 1992</td>
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<tr>
<td>Sam Kron*</td>
<td>1992 - 1994</td>
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<td>Alice Mild *</td>
<td>1994 - 1996</td>
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<td>Al Long*</td>
<td>1996 - 1998</td>
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<td>John McGregor*</td>
<td>1998 - 2001</td>
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<td>Paul Cherney</td>
<td>2001 - 2004</td>
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<td>Jean Kohn</td>
<td>2007 - 2010</td>
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<td>Eldon Ellis</td>
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<td>Harold Royaltey</td>
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<td>Nancy Savage</td>
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<td>Wallace Chipman</td>
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<td>Judith Berner</td>
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<td>Carol Fredriksen</td>
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<td>Valerie Cook</td>
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<td>Paul Cherney</td>
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Contact the Alumni Board of Directors 2010-2012

President
Esther Kooiman
415-663-1192
ebkooiman@horizoncable.com

Vice President
Robert Morrow, MD, MPH
703-472-1507
morrow_md_mph@hotmail.com

Secretary-Treasurer
Michele Okamoto
808-927-0481
micheleokamoto@hotmail.com

Central/Southeast Regional Director
Irene Machado
616-669-0596
machado.irene@gmail.com

Mid Altantic Regional Director
Edie McKenna
301-907-9854
evpedmckenna@nerb.org

Northeast Regional Director
Ceile Fontaine
401-293-0750
cfontaine@jointcommission.org

Northeast Regional Director
Grace Tucker
781-631-2270
Gtucker10@comcast.net

Member-at-Large
Martin Lees, MD
503-635-3944
martinbus@aol.com

Member at Large
Dianes Speranza
352-241-7466
RNbug@msn.com

Member at Large
Debra Reister
773-772-4879
reisterd@infantwelfare.org

Rocky Mount/West Regional Director
Eunice Childs
415-447-5382
alfredchilds@yahoo.com