



Conflict in Ukraine

Situation Report #30

January Updates

February 24, 2023

KEY HIGHLIGHTS

- The war has forced millions from their homes, and many are still being forced to flee as hostilities are intensifying again in areas close to the front line. By the end of January 2023, some 5.4 million Ukrainians were internally displaced, while 8 million had become refugees in Europeⁱ and over 4.9 million have registered for temporary protection or similar national protection schemes across Europeⁱⁱ.
- Project HOPE has partnered with 15 local organizations in Poland, Romania, Moldova, and Ukraine to support Ukrainians inside Ukraine and in host countries.
- Project HOPE’s Ukraine team is extending mobile medical unit (MMU) activity into newly liberated areas in eastern and southern Ukraine to provide primary health care to those impacted by the conflict.
- To address the winterization needs in Ukraine and ensure that health facilities are safe for both patients and medical staff, Project HOPE is supporting health care facilities by replacing destroyed windows and doors, repairing leaking roofs, providing insulation, and purchasing/installing generators.

SITUATION OVERVIEW

The humanitarian situation in Ukraine deteriorated drastically and rapidly in February 2022, after Russia’s invasion dramatically escalated eight years of conflict in the east into a full-scale war. The lives of countless women, men, and children have been torn apart and so many have needlessly died. The common thread running throughout the year has tragically been one of destruction, displacement, and suffering from continuous shelling and air strikes. Millions were forced to leave Ukraine and become refugees, and millions more have been displaced within the countryⁱⁱⁱ.

From 24 February 2022 to 12 February 2023, the Office of the UN High Commissioner for Human Rights (OHCHR) recorded 18,955 civilian casualties in the country: **7,199 killed** and **11,756 injured**^{iv}.

Systematic destruction of civilian infrastructure throughout the war has contributed to displacement and humanitarian needs. The attacks targeting energy infrastructure intensified, often in and around urban areas, disrupting public services including water, electricity, health care, education, and social protection. Additionally, according to the Government of Ukraine, 2,917 education facilities have been bombed or shelled during the war, with damage or destruction to 580 such facilities documented by OHCHR. Between 24 February and 19 December 2022, there were **745 verified attacks on health care, of which 659 impacted health care facilities, constituting over 90 percent of all such attacks recorded by WHO across 16 countries and territories during this period.**^v

The war has also left invisible scars and caused immense **mental trauma, particularly in children.** Nearly 10 million people in Ukraine are at risk of acute stress, anxiety, depression, substance use, and post-traumatic stress disorder, according to the World Health Organization. From overcoming war trauma, to social isolation, to daily struggles without power and heating, to displacement-related challenges and more, the consequences of the war are expected to cause mental health problems for at least five years after the war ends^{vi}.

Mine and other explosive ordnance threats also increased following the invasion, in a country already considered one of the world's most mine-contaminated regions. The situation was particularly concerning in areas retaken by the Government of Ukraine in the east and south of the country, as Russian troops allegedly heavily mined the areas before retreating. Ukrainian authorities reported that the areas contaminated with mines and explosives had increased tenfold since the start of the war, with an estimated **30% of the country's territory contaminated by mines.** According to the same source, almost 600 people were killed (185) or injured (over 400) in mine detonations since February 2022.

HUMANITARIAN NEEDS

According to the 2023 Humanitarian Needs Overview (HNO) and Humanitarian Response Plan (HRP) for Ukraine, an estimated **17.7 million people will need humanitarian assistance**, of whom humanitarian actors will target 11.1 million people, including 4.8 million people who remain at their homes, 3.8 million internally displaced people, and 2.5 million returnees. The highest severity of needs is among people living in areas under the temporary military control of the Russian Federation and in areas directly affected by ongoing hostilities.^{vii}

Most recently, hostilities have significantly intensified across many areas of Ukraine. Strikes on critical infrastructure have and continue to cause widespread outages of power and other services, leaving millions of people with no electricity and heating and disrupting access to water, sanitation and hygiene (WASH) for 16 million people. **Almost half of the health care facilities in east and south of Ukraine** in Donetsk, Zaporizka, Mykolaivska and Kharkivska oblasts, are reportedly either **partially or completely non-functional**, according to WHO. An estimated 14.5 million people need health assistance. Regular waves of attacks further exacerbated harsh winter conditions, affecting people's livelihoods and increasing the likelihood of additional large population movements in the year ahead. Without electricity, children face extreme cold and may not be able to continue online learning, health facilities may be unable to provide critical services, and water supply systems will not function. The freezing winter, the loss of income, and the energy and socioeconomic crisis triggered by the war have had a devastating impact on children and families, and an estimated 472,018 people in Ukraine have been newly exposed to poverty, of whom most are children (400,104).^{viii}



Before-and-after photos of Project HOPE's internal repair work in Borodyanka Psychiatric Center in Ukraine. Photos by Project HOPE staff, January 2023.

Ukraine's current mental health situation is mirrored across other regions affected by protracted conflicts and war. According to WHO's review^{ix}, one in five people who have experienced war or other conflict in the previous 10 years will have depression, anxiety, post-traumatic stress disorder, bipolar disorder, or schizophrenia. In applying these estimates to Ukraine, WHO expects that approximately 9.6 million people in Ukraine may have a mental health condition^x. Some 3.7 million people in Ukraine were estimated to need services to prevent gender-based violence or support survivors in 2022.

Since the start of the war, humanitarian organizations in Ukraine have rapidly scaled up the existing lifesaving operations and expanded assistance to all regions of the country. **Nearly 16 million people were reached with humanitarian assistance and protection services by aid organizations across Ukraine in 2022.**^{xi}

PROJECT HOPE'S RESPONSE

Project HOPE continues to implement a highly coordinated, comprehensive humanitarian intervention in Ukraine and in the neighboring countries Poland, Romania, and Moldova. **Humanitarian assistance in Ukraine** focuses on supporting local primary and secondary health facilities with essential medicine, medical supplies, and medical equipment, including generators, as well as multiple reconstruction works for health care facilities in Ukraine. Project HOPE's teams are also working with partners to address health, mental health and psychosocial support (MHPSS), protection, water, and hygiene needs in Ukraine. The **refugee responses in Moldova, Poland, and Romania** have identified local partners to target gaps in essential services including primary health, mental health and psychosocial support (MHPSS), and protection. In all locations, Project HOPE continues to work closely with government officials, local partners, and coordination clusters to ensure efforts address the most pressing needs.

Project HOPE's response and programmatic achievements in Ukraine:

- Project HOPE has provided humanitarian aid to **216 facilities** (including **nine IDP centers**) in Ukraine, of which **127 health care facilities and two IDP centers in 23 oblasts** have been supported with medicines, medical supplies, insulin, needles, hygiene kits, emergency health kits, surgical kits, and children's kits.
- Based on the priority needs of health facilities, **69 generators were delivered and installed at 47 health care facilities** in Kyiv, Kharkiv, Chernihiv, Lviv, Odesa, Chernivtsi, Kropyvnytskiy, Ivano-Frankivsk, Rivne, Ternopil, Zhytomyr, Kharkiv and Kherson regions, each of which has the capacity to power a hospital.
- Project HOPE continues to deliver the WHO standardized **health kits** of medicines and medical supplies, including a total of **21 IEHK** (Interagency Emergency Health Kits), **37 TESK** (Trauma and Emergency Surgery Kits), **12 PED/SAM** (Pediatric Kits), **12 NCD** (Non-Communicable Diseases Kits) and **72 essential health packs (EHP)** to health care facilities in Ukraine with a high emphasis on the Eastern and Southern regions.
- To support lifesaving efforts for local populations, Project HOPE donated **seven vehicles to five health care facilities in Dnipro, Zaporizhzhia and Lviv oblasts.**
- **30 Syringe Pumps** were donated to 5 health care facilities in Odesa, Mykolaiv, Dnipro, Zaporizhzhia and Kyiv regions.
- Project HOPE has **selected 12 health care and social care facilities for renovation.** Eight are completed, two are under construction, and two are in the pre-construction stage.
- Project HOPE has launched **12 mobile medical units (MMUs)** to provide primary health care in the **Dnipro, Zaporizhzhia, Kharkiv, Odesa, Mykolaiv and Kherson areas.** The MMUs have already provided **54,569 medical consultations (including 1,720 mental health consultations)** for **37,031 patients** (60% F/40% M, 44% of IDPs) in Ukraine.
- **Project HOPE has provided MHPSS services to 8,469 Ukrainians** (24% M, 76% F; 87% IDPs) in **seven IDP Centers** in Kyiv, Mykolaiv, Dnipro and Kharkiv regions and three established **Mental Health and Psychosocial Support Sites** in Odesa, Mykolaiv and Dnipro regions. The team has also provided **1,912 patients in 16 hospitals in Ukraine** (Dnipro, Odesa, Kyiv, Lviv) with MHPSS services.



Project HOPE donates an 8.5-kwa generator to Vasytkiv Center of Primary Health Care in Ukraine. Photo by Project HOPE staff, January 2023.



Project HOPE launches mobile medical unit in Bilozerka, Kherson oblast. Photo by Project HOPE staff, January 2023.

- During January, the Protection team reached **470 new patients** (17% M, 83% F; 90% of IDPs) with gender-based violence response services, for a total of **904 patients**.
- Project HOPE's medical team has provided **26,854 medical consultations for 20,876 people in 16 health facilities in Ukraine**. The consultations include 10,987 non-communicable diseases, 3,586 communicable diseases, 439 trauma, 305 mental health, and 11,449 consultations for other conditions.
- Project HOPE provided WASH equipment and supplies to eight **health care facilities** in Zhytomyr, Kyiv, Ternopil, Khmelnytskyi, Poltava, and Chernihiv oblasts (including washing and drying machines, cleaning trolleys, dispensers, waste buckets). Also, **920 medical staff were trained** on the topics of IPC/WASH and using new equipment according to the protocols.
- In January, Project HOPE **procured and distributed 20,007 hygiene kits** (7,030 family kits, 10,293 individual kits, and 2,885 baby kits) to a total of **31,456 beneficiaries** (72% females, and 28% males), totaling **33,957 hygiene kits distributed** since the beginning of the response.
- Project HOPE's medical team continues to provide a **diverse series of high-quality training for medical professionals** in Ukraine and has already reached **2,988 participants in 27 health care facilities** in Kyiv, Dnipro, Lviv, Kharkiv and Odesa oblasts. In January, **276 medical professionals were trained in the following areas:**
 - **Trainings on Sexual and Gender-based Violence (SGBV)** have been given to **29 health care professionals** (28 females and 1 male) in Chernovograd;
 - **Basic Life Support (BLS) trainings** have been given to **61 medical professionals** (48 female and 13 male) in 12 separate health care facilities in Dnipro oblast (Solone, Kryvyih Rig);
 - **Psychological First Aid (PFA) trainings** have been given to **61 hospital staff** (56 female and five male) in Odesa and Kharkiv oblast with high populations of conflict-affected individuals;
 - **Mental Health Gap (MH Gap) training courses** have been given to **87 participants** (79 female and 8 male) in Peremohaisk, Posilsk, and Vasylykiv;
 - **Trauma and Disaster Team Response (TDTR) trainings** have been given to **19 medical staff** (17 females and 2 males) in **Kyiv**;
 - **European Pediatric Advanced Life Support (EPALS) trainings** have been given to **19 medical professionals** (17 females and 2 males) in Chernihiv Hospital.



Staff at Chernihiv Hospital in Ukraine attend a European Pediatric Advanced Life Support (PALS) training given by Project HOPE. Photo by Project Hope staff, January 2023.

Project HOPE's response and programmatic achievements in Moldova:

- Project HOPE supported an Emergency Medical Team (EMT) from Servicios de Asistencia Médica de Urgencias (SAMU), which was one of six EMTs operating in the country at the request of the Ministry of Health of Moldova, the World Health Organization office, and The Moldova Expo Center, which was the biggest shelter in Chisinau from March-June 2022. SAMU's EMT was the only team providing services to Ukrainian refugees in the city of Chisinau. The EMT provided emergency and ongoing medical services and medications to **1,880 refugees who are primarily Ukrainian children, women, and elderly citizens**.
- In partnership with a local NGO, The Moldova Project (TMP), Project HOPE launched the "**Empowering the Ukrainians Project**" to increase the support provided to refugee children and caregivers by implementing integrated measures of education, integration, and creating safe spaces (children's playrooms) in Chişinău, Anenii Noi, Călăraşi, Cimişlia, Criuleni, and Hânceşti districts. To date, Project HOPE has established **nine playrooms** (eight new and one renovated), **that have provided MHPSS services to 2,836 Ukrainian refugee children and 766 parents and caregivers**.
- Project HOPE has provided a grant worth \$140,165 to the local organization Regina Pacis for setting up a '**Holistic Assistance Center for Ukrainian refugees and vulnerable families in Moldova**'. The Center aims to provide medical and psychological assistance, referrals to health services, information on how to access education services, asylum procedures, and employment to both Ukrainian refugees and vulnerable families in Moldova. To date, **136 beneficiaries registered for various services at the Center**.
- **86,500 insulin pens (worth \$310,000) distributed to 47 primary health care facilities across the country that cover treatment for 40,000 patients with Type 1 Diabetes for three months**.
- **45 Interagency Emergency Health Kits (IEHK) delivered to the Ministry of Health in Moldova**.
- **2,160 hygiene kits** donated to the **Ministry of Labor and Social Protection** for distribution to refugee shelters, women and child centers, and other facilities.
- **500 sleeping pads** delivered to refugee shelters in Chisinau, Balti, and Balata village.
- **400 hospital beds including mattresses, bed linen sets, blankets, pillows, and bed covers (worth \$81,200) donated to the Ministry of Health of Moldova**. The hospital beds went to **three Psychiatric hospitals in Chisinau, Balti, and Orhei** as requested by the Moldovan Ministry of Health.
- **303,015 bags of IV Fluids worth \$174,500 donated to Ministry of Health of Moldova**.



Ukrainian refugee children participate in psychosocial activities in a child-friendly space in Moldova. Photo by TMP staff, January 2023.



A Ukrainian refugee receives information regarding employment and how to access asylum procedures at Regina Pacis's Holistic Assistance Center in Moldova. Photo by Regina Pacis staff, January 2023.

Project HOPE's response and programmatic achievements in Poland:

- Project HOPE has been supporting **University Children’s Hospital-Krakow (UCH)**, which has seen and treated **6,138 children from Ukrainian refugee families through oncology and hematology; general surgery and emergencies; treatment in physiotherapy; and outpatient/consultation visits**. We are also exploring mental health programming in a Ukrainian children’s ward. Project HOPE also purchased medical equipment for UCH at a cost of **\$98,000**.
- Project HOPE provided a \$735,000 grant to local NGO **Podkarpackie Stowarzyszenie dla Aktywnych Rodzin (PSAR)** for the provision of **mental health support** to Ukrainian refugees, specifically women and children in Rzeszow. The **Center for Psychophysical Development TUTU** has been **providing mental health assistance** to **4,636 Ukrainian refugees and residents**.
- Project HOPE has provided a \$343,823 grant to the **all-Ukrainian women local organization "Zustricz Foundation"** to open a **psychological support center for refugees and migrants from Ukraine** in Krakow and surrounding areas. The center opened in October 2022 and has provided **mental health assistance** to **4,452 Ukrainian refugees**.
- Project HOPE provided financial support (\$272,433) to **Accessible World Foundation**, a local organization based in Krakow that provides **physiotherapy, rehabilitation, and psychological support** to **Ukrainian refugees with disabilities** reaching total of **117 Ukrainian refugees with disability** (80 F, 37M).



A Ukrainian refugee boy is evaluated by a physiotherapy specialist at SANUS Medical Center, run by Project HOPE partner Accessible World Foundation. Photo by AW staff, January 2023.

Project HOPE’s response and programmatic achievements in Romania:

- Project HOPE provided two grants worth \$303,497 to **ICAR Foundation**, a Bucharest-based local NGO, to provide mental health and medical support to Ukrainian refugees in Romania. To date, **ICAR has supported 6,497 Ukrainian refugees with MHPSS and medical services in Romania**.
- Project HOPE supported a local NGO, **Estuar Foundation**, with a grant of \$204,321 to provide **vital mental health support to Ukrainian Refugees and to train humanitarian workers providing services to refugees on Mental Health Psychosocial Support (MHPSS)**. To date, Estuar Foundation **has trained 1,529 psychologists, social workers, and volunteers**, and **1,403 Ukrainian refugees have benefited from MHPSS services**.
- Project HOPE provided a local organization, **La Rascruce Association**, with a grant worth \$129,839 to support **Ukrainian refugees crossing into Romania through Sculeni border point**. La Rascruce staff and volunteers plan to provide Ukrainian Refugees with vital information, registration support, and basic needs such as hot meals, water, hygiene items, transportation, and accommodation when needed. Additionally, La Rascruce will provide refugees with MHPSS services, Romanian classes and support vouchers to buy essential supplies at their **Integration and Relocation Center in Iași**. To date, **1,071 beneficiaries have been supported with basic needs and information counseling at Sculeni border point**.
- Project HOPE **procured and delivered 25,128 hygiene kits including elderly, dignity and infant kits** to local partners in 11 cities in Romania (Neamț, Măgurele, Bucharest, Brasov, Șomcuta Mare, Iași, Galați, Craiova, Suceava, Ploiești, and Bihor) for further distribution to Ukrainian refugees.



Ukrainian refugees crossing the border into Romania are provided with hot meals at Sculeni border point by La Rascruce volunteers. Photo by La Rascruce staff, January 2023.

Project HOPE's teams in Ukraine, Poland, Romania, and Moldova continue to closely monitor the situation as it unfolds to adapt their response accordingly. To date, Project HOPE has partnerships with 15 local organizations in four countries to support our emergency response. In all areas of our response, Project HOPE has endeavored to promote the localization of aid through collaboration, partnership, and capacity strengthening for local, non-governmental organizations. This approach was essential to the delivery of aid during the earliest and most acute phase of the crisis, and we remain committed to it as our response grows and evolves in order to support sustainable solutions and promote more resilient communities.

ⁱ [OCHA: HUMANITARIAN SITUATION IN UKRAINE](#)

ⁱⁱ [The EU triggered the application of the Temporary Protection Directive on 4 March 2022 and recently extended it until March 2024](#)

ⁱⁱⁱ [Ukraine: Humanitarian Response Plan \(February 2023\) \[EN/UK\] - Ukraine | ReliefWeb](#)

^{iv} [Ukraine: Civilian casualties as of 24:00, 13 February 2023 \[EN/RU/UK\] - Ukraine | ReliefWeb](#)

^v [Ukraine: Summary of the Humanitarian Response Plan and Regional Refugee Response Plan \(February 2023\) \[EN/UK\] - Ukraine | ReliefWeb](#)

^{vi} [OCHA: UKRAINE HUMANITARIAN RESPONSE - KEY ACHIEVEMENTS IN 2022](#)

^{vii} [UNHCR Ukraine Situation Supplementary Appeal 2023](#)

^{viii} [UNICEF: Ukraine-Humanitarian-SitRep-December 2022](#)

^{ix} [WHO: Scaling-up mental health and psychosocial services in war-affected regions: best practices from Ukraine](#)

^x [WHO: Scaling-up mental health and psychosocial services in war-affected regions: best practices from Ukraine](#)

^{xi} [OCHA: HUMANITARIAN SITUATION IN UKRAINE](#)