

# Zambia

Project HOPE first established an office in Zambia in 2019 to mitigate the risk and impact of HIV/AIDS among children and adolescents at an increased risk for adverse health outcomes and poorer life conditions and their caregivers. In our work, Project HOPE partners with the Zambian government, the private sector, and local and international non-governmental organizations to improve outcomes for people living with HIV, TB, and malaria; advance maternal, newborn, and child health; and reduce the incidence of non-communicable diseases, including mental health conditions. Project HOPE also supports child and social protection activities, advocates for related health policies, and works with partners to strengthen health systems.

## HIV/AIDS

Project HOPE is a sub-partner on the PEPFAR/USAID-funded Empowered Children and Adolescents Project (ECAP-III), a five-year project (2020–2025) providing technical support on community interventions and case management to the Centre for Infectious Disease Research in Zambia. Project HOPE assists with the overall community implementation strategy, including strengthening the capacity of local systems and structures. This includes piloting the Community Adolescent Treatment Supporters model, the implementation of digital health platforms to improve case management, and the integration of child and household assessments and tiered case management — including support for child protection and positive parenting skills. In addition, Project HOPE supplies tools and trainings on Own Savings for Assets and Wealth Creation, economic strengthening, Enterprise Your Life, and income generating activities, which are tailored to the needs of the target populations.

## Mental Health and Resilience

Project HOPE, through the Center for Disaster Philanthropy and in cooperation with the Africa CDC, is implementing a mental health and resiliency training program for healthcare workers. The series aims to increase their knowledge and access to tools and techniques to help healthcare workers maintain their mental health and well-being during the fight against COVID-19 and other health crises. Project HOPE is leading the training implementation, modifying the curriculum to local standards, identifying healthcare workers to serve as master trainers, and organizing training-of-trainer and cascade sessions to reach additional healthcare workers, either in-person or remotely. The training sessions and materials are provided free-of-charge to all participants.



## Project HOPE's Impact

Implemented the DHIS2 app to improve HIV case management, data collection, patient monitoring and follow-up, program analysis, and reporting

Connected **2,144** adolescents to health and HIV services

Helped stabilize **5,039** families by improving household economic security and linking to social protection services

Improved safety for **22,587** children and adolescents and their families by supporting child protection activities and preventing gender-based violence

Provided **111,268** children at an increased risk for adverse health outcomes and poorer life conditions living with HIV with prevention, care, and support services