



# Conflict in Ukraine

## Situation Report #46

January – March 2025 Updates // published May 2, 2025

### Situation Overview

Now in its third year, the ongoing war is devastating civilian lives and infrastructure, causing large-scale displacement, destruction, and continued demand for health and humanitarian services. The United Nations (UN) Office for the Coordination of Humanitarian Affairs estimates that **12.7 million people**, roughly 36% of the population, will require humanitarian assistance in 2025.

Attacks on power generation and distribution systems are severely disrupting heating and water services, which have a cascading, multi-sectoral impact. The war has also left millions grappling with trauma, psychological distress and the constant fear of attacks. **Ukrainian psychologists with Project HOPE warn that they've seen an influx of cases of children showing signs of worsening anxiety, depression, and post-traumatic stress disorder.** Years of war have disrupted children's education, separated them from loved ones, and forced them to endure relentless stress and fear, which have a significant impact on their emotional and cognitive development.

### KEY HIGHLIGHTS



Since the conflict erupted in 2022, more than **6.9 million** Ukrainians have become refugees and over **3.7 million** Ukrainians have been internally displaced. Nearly **1 million** Ukrainian refugees are living in Poland and more than **127,000** are living in Moldova



Our team in Ukraine continues to focus on providing critical support to **conflict-affected communities near the front lines** in eastern and southern Ukraine, where individuals are often without access to **primary health, WASH, and MHPSS services.**



Project HOPE's teams in **Poland** and **Moldova** continue to train health workers and address gaps in essential services, including **primary health, MHPSS, and protection services** for refugees and host community members.

In frontline and hard-to-reach areas, pharmacy closures and damaged facilities have disrupted medicine availability. The shortage of health workers continues to limit the provision of medical services. Attacks on health care also continue to threaten health workers and patients. Since February 2022, there have been a total of verified **2,377 attacks on health care**, including attacks affecting health infrastructure, patients receiving care, medical transportation, supplies, and medical staff. To date, more than **12,654 civilian men**, women, and children have been killed, and over **29,392 have been injured**, according to the as verified by the [UN Human Rights Monitoring Mission](#).

In response, Project HOPE's team in Ukraine is delivering humanitarian aid and essential services, focusing on the needs of front-line communities. Additionally, our regional team is supporting the primary health and mental health needs of Ukrainian refugees in Poland and Moldova.

## PROJECT HOPE'S RESPONSE

Project HOPE continues to implement a highly coordinated, comprehensive humanitarian intervention in **Ukraine** and neighboring countries hosting Ukrainian refugees. In Ukraine, Project HOPE's humanitarian assistance focuses on supporting local primary and secondary health facilities with essential medicine, medical supplies, and equipment, as well as reconstruction projects for health care facilities. Project HOPE's team in Ukraine is also addressing mental health and psychosocial support (MHPSS); protection; water, sanitation, and hygiene (WASH) and winterization needs like non-food items and solid fuel.

In **Moldova** and **Poland**, our teams are working to address gaps in essential services for refugees and host community members, focusing on primary health, MHPSS, and protection services.

In all areas of our response, Project HOPE works closely with government officials, local partners, and coordination clusters (groups of humanitarian organizations coordinating relief work across multiple sectors) to ensure that our efforts address the most pressing needs. The following pages outline the impact of our response activities to date.

## Ukraine Update

- Provided **humanitarian assistance to 200 facilities to date**, including 115 health facilities, 13 centers for internally displaced people (IDPs), 57 local administrations, and 21 non-governmental organizations in 23 oblasts.
- Through **surge staff activities**, provided a total of **1,451,220 medical consultations to 589,492 patients** in 28 health facilities across Ukraine — reaching **43,055 patients** in the first quarter of 2025 through **149,500 consultations**.
- Distributed over **88,132 winterization supplies and non-food items**, including thermal clothes, electrical heaters, kettles, mattresses, pillows, blankets, bed linens, and solid fuel to 87 health and social service facilities — with **76,667 tons of solid fuel** distributed to **2,229 households** in the 2024 – 2025 winter season.



A Project HOPE team member finalizes the delivery of critical equipment to the Kramatorsk Oncology Center. Photo by Stanislav Vierbii for Project HOPE, 2025.



Project HOPE Program Coordinator, Ilya Gabrichidze, stands with Nataliya Sribranets, Director of the Center for Primary Medical and Sanitary Care for Kirovets City Council, in front of a vehicle donated by Project HOPE for MMU services. Photo by Nikita Hlasyrin for Project HOPE, 2025



A health worker helps a patient through rehabilitation exercises at the newly restored Rehabilitation Department at Mykolaiv Regional Hospital in Ukraine, which was reconstructed by Project HOPE. Photo by Nikita Hlasyrin for Project HOPE, 2025.



Project HOPE currently operates **34 Mobile Medical Units (MMUs)**. To date, MMU services have provided **1,258,430 medical consultations** (including 17,743 mental health consultations) to **597,350 patients** in the Zaporizhzhia, Odesa, Mykolaiv, Kherson, Dnipropetrovsk, Donetsk, Dnipro, and Kharkiv oblasts — with MMUs reaching **37,063 patients** in the first quarter of 2025 through **112,434 consultations**.

- Supported **4,222 households** with **cash assistance** for **utility payments** as part of winterization activities across Kherson, Kharkiv, Zaporizhzhia, Sumy, and Donetsk oblasts.
- Delivered and installed **234 generators** to strengthen the capacity of **128 facilities**.
- Equipped first responders in Kherson, Kharkiv, and Dnipro oblasts with **nine ambulances**, supporting a total of **27,933 patient transportations** to date and **4,678 transportations** in the first quarter of 2025.
- Provided gender-based violence response services to **53,453 people** to protect and care for survivors — reaching **2,856 participants** in the first quarter of 2025.
- Reached **12,329 health care workers** at **87 health facilities** with trainings on topics like European Pediatric Advanced Life Support, Trauma and Disaster Team Response, Psychological First Aid, Mental Health Gap, Basic Life Support, Infection Prevention and Control, WASH, Sexual and Gender-Based Violence, Medical Supply Chain, and nursing — with **430 health workers** trained in the first quarter of 2025.
- Continued renovation of the **Mykulychi Ambulatory** in Kyiv Oblast. To date, **17 health and social service facilities** have been successfully reconstructed by Project HOPE's team and reopened in Kyiv, Chernihiv, Kharkiv, Kherson, Dnipro, and Sumy oblasts.
- Distributed **180,431 hygiene kits** and **essential non-food items** to cover the basic needs of **335,326 individuals** — with **1,312 individual hygiene kits** and **507 family hygiene kits** delivered in the first quarter of 2025.
- Delivered **1,0523,524 six-liter bottles** of drinking water to 12 health facilities and community members in 35 settlements to cover the needs of **166,796 Ukrainians** — with 34,560 six-liter bottles delivered to **38,082 Ukrainians** in the first quarter of 2025.
- Rehabilitated **three boreholes** in the municipalities of Velyka Oleksandrivka, Vysokopillia and Borozenske in Kherson Oblast to provide **access to clean and safe water to 38,082 individuals**.



Project HOPE provided **MHPSS services** to **266,398** Ukrainians at five IDP centers, eight MHPSS sites established by Project HOPE, 21 hospitals, and through online consultations — reaching **27,547 participants** in the first quarter of 2025.



Children participate in an art therapy session at Project HOPE's MHPSS Center in Kramatorsk. Photo by Stanislav Vierbii for Project HOPE, 2025.



Project HOPE's WASH Officer, Vladyslav Vozovyk, inspects a borehole ahead of repairs to restore water access in Vysokopillya, Kherson. Photo by Nikita Hlasyrin for Project HOPE, 2025.

## Moldova.

- Distributed **10,777 units of pharmaceuticals**, **33,858 units of medical supplies** and **1,191 pieces of medical equipment** worth \$186,000 to Ștefan Vodă, Florești and Telenești primary health care facilities —with 5,499 units of pharmaceuticals, 19,472 units of medical supplies, and 505 pieces of medical equipment delivered in the first quarter of 2025.
- Supported **257 people** from Florești and Ștefan-Vodă districts with **eyes screening** and **rapid tests** for blood glucose and cholesterol levels — with 60 individuals reached in the first quarter of 2025.
- Through our local partner, The Moldova Project, Project HOPE provided **1,996 people** (1,486 children, 510 parents and caregivers) with a range of **MHPSS services at five child friendly spaces** — with 569 people reached in the first quarter of 2025.



Project HOPE is operating **three MMUs** that have since provided **4,504 medical consultations** to **3,161 patients** and **2,137 mental health consultations** to **1,640 patients** in Ștefan Vodă, Florești, and Telenești districts — reaching **787 patients** with **1,028 medical consultations** and **487 patients** with **614 mental health consultations** in the first quarter of 2025.



- Supported **576 Ukrainian refugees** and **host community members** with **medical vouchers** and **100 individuals** with **hygiene vouchers** in the first quarter of 2025.
- Reached **227 health workers** at **55 health facilities** with trainings on topics like on basic life support, palliative care, natal check-up, mental health, communication skills, and tele-mentoring — with **79 health workers** trained in the first quarter of 2025.
- Within the **Patient School program**, **157 patients and family members** participated in **eight workshops** focused on home-based care, disease prevention, nutrition, and the management of chronic conditions, including diabetes and hypertension — with **49 individuals** reached in the first quarter of 2025.
- Launched **support groups** for **caregivers of children with disabilities**, with a focus on coping strategies, emotional resilience, and stress management in the context of caregiving — reaching **11 caregivers** in the first quarter of 2025.
- Distributed **600 informational leaflets** covering topics such as **breastfeeding, nutrition in pregnancy, postnatal care, diabetes management, decubitus prevention, and hand hygiene** to primary health facilities in Ștefan Vodă, Florești and Telenesti primary health facilities.



Project HOPE staff deliver medical equipment to a primary health facility in Telenesti. Project HOPE Staff, 2024.



Project HOPE continues to operate two mobile MHPSS units that have since provided **907 mental health consultations** to **395 Ukrainian Refugees**; **427 individual social work sessions** to **136 people**; and **525 social cohesion sessions** to **389 people** at six shelters for Ukrainian refugees, four language centers, and two schools across Małopolskie, Podkarpackie, and Lubelskie. These units reached **463 individuals** during **4,392 site visits** in the first quarter of 2025.

## Poland.

- In partnership with the Institute of Psychology at Jagiellonian University in Krakow, the Project HOPE Polska team has launched the **Mind C.A.R.E.** (Communication, Acceptance, Relationships, and Empowerment) training program, which strives to improve the mental well-being of school nurses and professionals and empower them with the skills they need to better support students. To date, the program has reached **157 school and health professionals** in the Małopolskie, Lubelskie, and Podkarpackie Voivodships.
- Facilitated **1,251 Polish and English language classes** for **802 people**.
- Supported **78 individuals** with **translation services** for medical and administrative documents.
- Launched a new **Youth Peer-to-Peer program** for professionals working with young people, aiming to raise awareness and improve understanding of mental health issues like stress, bullying, and resilience-building among adolescents. To date, the program has reached **42 children** in two primary school classes (fourth and seventh grades) from Małopolskie Voivodeship.



Project HOPE's local partner conducts language courses for adult and children refugees living in Poland. Photo by FINE for Project HOPE Polska, 2025.