



Conflict in Ukraine

Situation Report #48

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Situation Overview

Intensified attacks and hostilities have displaced new communities, caused multiple civilian casualties, damaged infrastructure, and further magnified humanitarian needs. Frontline communities continue to face restrictions on their movement, repeated evacuations, and the disruption of essential services. As of 2025, an estimated 12.7 million people — about 36% of Ukraine's population — require humanitarian assistance, with the most acute needs concentrated in frontline and strike-affected communities.

Communities near the front lines continue to face disrupted access to primary care, emergency/trauma services, and rehabilitation.

Across the country, demand for both mental health and psychosocial support and rehabilitation/trauma care remains high, with the World Health Organization (WHO) noting widespread mental health concerns linked to repeated strikes. Recently, a multi-institutional team of medical experts from the United States visited rehabilitation centers in Ukraine, as part of a joint mission with Project HOPE, to strategically assess and develop partnerships on a multi-disciplinary approach to rehabilitation.

KEY HIGHLIGHTS



Since the conflict erupted in 2022, over **5.7 million Ukrainians** have become refugees and nearly **3.7 million** have been internally displaced. More than **1 million** Ukrainian refugees are living in Poland and more than **132,000** are living in Moldova.



Our team in Ukraine continues to focus on providing critical support to **conflict-affected communities near the front lines** in eastern and southern Ukraine, where individuals are often without access to **primary health, WASH, and MHPSS services.**



Project HOPE's teams in **Poland and Moldova** continue to address gaps in access to **primary health, MHPSS, and protection services** for refugees and host community members.

The health system is operating under extreme strain. Since February 2022, there have been a total of verified **2,725 attacks on health infrastructure**, patients receiving care, medical transportation, supplies, and medical staff. The WHO has sounded the alarm over a **12% increase** in attacks on health infrastructure compared to prior years, with **a quarter** of attacks on ambulances. Ukraine's Ministry of Health also reports that over **2,500 health facilities** have been damaged or destroyed nationwide, with losses concentrated in frontline oblasts like Donetsk, Kharkiv, Zaporizhzhia, and Kherson.

In addition, **more than 14,000 civilians have been killed and over 37,000 injured**, according to the [UN Human Rights Monitoring Mission in Ukraine](#). Civilian casualty trends are concerning, with the first nine months of the year seeing a 31% increase in civilian casualties compared to the same period in 2024.

Despite these challenges, Project HOPE's team members across Ukraine continue to deliver humanitarian aid and essential services, focusing on the needs of frontline communities. Additionally, our regional team is supporting the primary and mental health needs of Ukrainian refugees and host community in Poland and Moldova.

Project HOPE'S Response

Project HOPE continues to implement a highly coordinated, comprehensive humanitarian intervention in Ukraine and the neighboring countries of Moldova and Poland. In **Ukraine**, Project HOPE's humanitarian assistance focuses on supporting local primary and secondary health facilities with essential medicine, medical supplies, and equipment, as well as reconstruction projects for health care facilities. Project HOPE's team in Ukraine is also addressing mental health and psychosocial support (MHPSS); protection; water, sanitation, and hygiene (WASH) and other humanitarian needs.

In **Moldova** and **Poland**, our teams are working to address gaps in essential services for refugees and selected communities, including primary health, MHPSS, and protection services.

In all areas of our response, Project HOPE works closely with government officials, local partners, and coordination clusters (groups of humanitarian organizations coordinating relief work across multiple sectors) to ensure that our efforts address the most pressing needs. The following pages outline the impact of our response activities to date.



Teenagers at one of Project HOPE's MHPSS Centers participate in a group activity during a site visit by the Elsa & Peter Soderberg Foundation. Photo by Nikita Hlazyrin for Project HOPE, 2025.



A multi-institutional team of medical experts from the United States visit the UNBROKEN National Rehabilitation Center in Lviv, Ukraine. Photo by Nikita Hlazyrin for Project HOPE, 2025.

Ukraine Update

- **Provided humanitarian assistance to over 200 various facilities to date**, including **115 health facilities**, 13 centers for internally displaced people (IDPs), 57 local administrations, and 21 non-governmental organizations in 23 oblasts.
- Distributed lifesaving medicines and medical supplies worth **\$14.5 million** to health facilities across Ukraine
- Distributed over **88,132 winterization supplies and non-food items**, including thermal clothes, electrical heaters, kettles, mattresses, pillows, blankets, bed linens, and solid fuel to 87 health and social service facilities during the 2024 – 2025 winter season.
- Supported **4,222 households** with **cash assistance for utility payments** as part of winterization activities, reaching **11,897 individuals** across Kherson, Kharkiv, Zaporizhzhia, Sumy, and Donetsk oblasts during the 2024 – 2025 winter season.
- Delivered and installed **234 generators** to strengthen the capacity of **128 facilities**.
- Equipped first responders in Kherson, Kharkiv, and Dnipro oblasts with **11 ambulances**, supporting a total of **35,439 patient transportations** to date, including **2,897 transportations** in the third quarter of 2025.
- Through **surge staff activity**, provided a total of **1,767,456 medical consultations** to **685,123 patients** at 28 health facilities across Ukraine — reaching **50,885 patients** in the third quarter of 2025 through **170,470 consultations**.
- Launched a **mobile pharmacy** that has since provided **12,550 pharmaceutical items** to **265 patients** in Chernihiv Oblast to address critical gaps in medication access.
- Provided gender-based violence response services to **67,309 people** to protect survivors — reaching **10,353 participants** in the third quarter of 2025.
- Reached **13,304 health workers** from **87 health facilities** with health worker trainings on topics like European Pediatric Advanced Life Support, Trauma and Disaster Team Response, Psychological First Aid, Mental Health Gap, Basic Life Support, Infection Prevention and Control, WASH, Sexual and Gender-Based Violence, Medical Supply Chain, and nursing — with **265 health workers** trained in the third quarter of 2025.
- Began renovation of the **Hostomel Ambulatory** in Kyiv Oblast and continued **energy efficiency projects for two ambulatories in Odesa Oblast**. To date, **18 health and social service facilities** have been successfully reconstructed by Project HOPE's team and reopened in Kyiv, Chernihiv, Kharkiv, Kherson, Dnipro, and Sumy oblasts.



Project HOPE staff deliver ultrasound equipment to a mobile medical team in Zaporizhzhia Oblast. Photo by Stanislav Vierbii for Project HOPE, 2025.



Project HOPE currently operates **42 mobile medical units**. To date, these units have provided **1,597,149 medical consultations** (including 25,478 mental health consultations) to **617,264 patients** in the Zaporizhzhia, Odesa, Mykolaiv, Kherson, Dnipropetrovsk, Donetsk, Dnipro, and Kharkiv oblasts — with mobile medical units reaching **55,279 patients** in the third quarter of 2025 through **179,992 consultations**.



Project HOPE provided **Mental Health and Psychosocial Support (MHPSS) services** to **335,142 Ukrainians** at five IDP centers, eight MHPSS sites established by Project HOPE, 23 hospitals, and through online consultations — reaching **35,712 participants** in the third quarter of 2025.



Project HOPE staff, representatives of the Ministry of Health, and local officials attend the opening of an ambulatory renovated by Project HOPE in Mykulychi. Photo by Nikita Hlazyrin for Project HOPE, 2025.

- Distributed **192,320 hygiene kits and essential non-food items** to cover the basic needs of **360,985 individuals** — with **5,811 hygiene kits** delivered in the third quarter of 2025.
- Renovated and rehabilitated **142 sanitation stations** at 24 health facilities.
- Delivered **1,590,474 six-liter bottles of drinking water** to 12 health facilities and community members in 35 settlements to cover the needs of **167,133 Ukrainians** — with 39,696 six-liter bottles delivered to 12,499 Ukrainians in the third quarter of 2025.
- Rehabilitated **six boreholes** in Kherson Oblast, to secure consistent and safe **access to clean water** for over **116,000 people**.

Moldova.

- Supported **397 patients** from Florești and Ștefan-Vodă districts with **eye screenings** and **rapid tests** for blood glucose and cholesterol levels — with 90 individuals reached in the third quarter of 2025.
- Supported **2,016 Ukrainian refugees** and **host community members** with **medical vouchers** as well as **150 individuals** with **hygiene vouchers** — reaching **886 people with medical vouchers** in the third quarter of 2025.
- Reached **366 health workers** at **56 health facilities** with health worker trainings on topics like on basic life support, palliative care training, natal check-up, mental health, communication skills and tele-mentoring — with **87 health workers** trained in the third quarter of 2025.
- Piloted a **first aid training session** with **24 community members** in Ștefan Vodă and Florești districts to strengthen community resilience and improve basic emergency response skills.
- Within the **Patient School program**, **183 patients and family members** to date have participated in **nine workshops** focus on home-based care, disease prevention, nutrition, and managing chronic conditions like diabetes and hypertension
- Distributed over **1,650 informational leaflets** covering topics such as **breastfeeding, nutrition in pregnancy, postnatal care, diabetes management, decubitus prevention, and hand hygiene** to primary health facilities in Ștefan Vodă, Florești and Telenesti.
- To date, distributed **10,777 units of pharmaceuticals, 43,069 units of medical supplies, and 1,602 pieces of medical equipment worth** over \$399,500 to primary health facilities in Ștefan Vodă, Florești and Telenesti.



A doctor with Project HOPE's mobile medical unit in Chernigiv listens to a patient's heartbeat with a stethoscope. Photo by Nikita Hlazyrin for Project HOPE, 2025.



A mobile medical unit team visits a patient's home in rural areas of Telenești, Moldova. Photo by Project HOPE staff, 2025.



Project HOPE is operating **three mobile medical units** that have since provided 6,466 medical consultations to 3,941 patients and **3,241 mental health consultations** to 2,047 patients in Ștefan Vodă, Florești and Telenești districts — reaching **546 patients** with 883 medical consultations and **371 patients** with 498 mental health consultations in the third quarter of 2025.

Poland.

- In partnership with the Institute of Psychology at Jagiellonian University in Krakow, the Project HOPE Polska team launched the **Mind C.A.R.E.** (Communication, Acceptance, Relationships, and Empowerment) training program and continues to improve the mental well-being of school nurses and professionals and empower them with the skills they need to better support students. To date, the program has reached **205 school and health professionals**, as well as **55 humanitarian workers** from the Małopolskie, Podlaskie, Lubelskie, Opolskie, Śląskie, and Podkarpackie — with 48 school professionals reached in the third quarter of 2025.
- Launched a new **Youth Peer-to-Peer** program for professionals working with young people, aiming to raise awareness and improve understanding of mental health issues such as stress, bullying, and resilience-building among adolescent youth. To date, the program has reached **42 children** in two primary school classes (fourth and seventh grades) from Małopolskie and **13 teachers** from the Małopolskie, Lubelskie, Podkarpackie, and Dolnośląskie.
- Facilitated **1,908 Polish and English language classes** for **1,103 people**
- Supported **80 individuals with translation services** for medical and administrative documents
- Organized a **Summer Integration Camp** for **72 Ukrainian and Polish children** to strengthen their physical and mental well-being and foster social integration.



Members of Project HOPE's mobile MHPSS unit conduct a workshop with Ukrainian refugee children living in Małopolska, Poland. Photo by Project HOPE staff, 2025.



Project HOPE operates **three mobile MHPSS units** that have since provided **1,799 mental health consultations** to 563 participants, **802 individual social work sessions** to 189 participants, and **771 social cohesion sessions** to 427 participants at eight shelters for Ukrainian refugees, five schools, and four language centers across Małopolskie, Podkarpackie, and Lubelskie. These units reached **430 people** during 2,533 site visits in the third quarter of 2025.



The Project HOPE Polska team conducts a MIND C.A.R.E. training session with school nurses and support professionals. Photo by Project HOPE staff, 2025.