



Conflict in Ukraine

Situation Report #49

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Situation Overview

In 2025, civilian casualties reached their highest level since the start of the full-scale invasion, war-related humanitarian needs intensified, and the impacts of attacks and displacement were felt across the country. Hostilities continue to damage and destroy homes, social and health facilities, Ukraine’s energy grid, and other civilian infrastructure.

Through repeated attacks on critical infrastructure — including power plants, substations, transmission lines, and heating systems — survival has become more difficult for people across Ukraine. The country’s highly centralized, Soviet-era water, heating, and sewage networks mean that single attacks can cut off essential services to thousands of homes at once. **Systematic attacks on civilian infrastructure have left families struggling through power outages of up to 12 to 18 hours a day, interrupting heating, water, education, and health services.**

KEY HIGHLIGHTS



Since the conflict erupted in 2022, nearly **5.9 million Ukrainians** have become refugees and **3.7 million** Ukrainians have been internally displaced. Nearly **1 million** Ukrainian refugees are living in Poland and roughly **148,000** are living in Moldova.



Our team in Ukraine continues to focus on providing critical support to **conflict-affected communities near the front lines** in eastern and southern Ukraine, where individuals are often without access to **primary health, WASH, and MHPSS services.**



Project HOPE teams in **Poland and Moldova** continue to address gaps in essential services, including **primary health, MHPSS, and other support services** for refugees and host community members.

Prolonged power outages are also severely disrupting health care, forcing hospitals to postpone surgeries and ration care — particularly in intensive care units (ICUs) and neonatal facilities. Populations made vulnerable during times of crisis, including older adults, children, and people with disabilities, are disproportionately affected by the impacts on the health system. On January 15, 2026, Ukraine declared a **nationwide state of emergency in the energy sector**.

Evacuations persist as hostilities and shelling in frontline communities have prompted displacement and the relocation of essential services. Health systems continue to operate under severe strain as, since February 2022, there have been a total of **2,844 verified attacks on health**, including on infrastructure, patients receiving care, medical transportation, medical supplies, and health workers.

In 2026, an estimated 10.8 million people will require humanitarian assistance. Project HOPE's team in Ukraine is delivering humanitarian aid and essential services, focusing on the needs of frontline communities. Additionally, our regional team is supporting the primary health and mental health needs of Ukrainian refugees and host communities in Poland and Moldova.

Project HOPE'S Response

Project HOPE continues to implement a highly coordinated, comprehensive humanitarian intervention in Ukraine and the neighboring countries of Moldova and Poland. **In Ukraine**, Project HOPE's humanitarian assistance focuses on supporting local primary and secondary health facilities with essential medicine, medical supplies, equipment, and reconstruction projects for health and social service facilities. Project HOPE's team in Ukraine is also addressing mental health and psychosocial support (MHPSS); protection; water, sanitation, and hygiene (WASH) and winterization needs (heaters, fuel vouchers, and more).

In Moldova and Poland, the team is working to address gaps in essential services, including primary health, MHPSS, translation, and other support services, for Ukrainian refugees and host communities.

In all areas of our response, Project HOPE works closely with government officials, local partners, and coordination clusters (groups of humanitarian organizations coordinating relief work across multiple sectors) to ensure that our efforts address the most pressing needs. The following pages outline the impact of our response activities to date.



The Project HOPE team and a representative of the Elsa & Peter Soderberg Foundation meet with local officials in Kherson City.

Photo by Nikita Hlazyrin for Project HOPE, 2025.



Team members distribute hygiene kits to victims of a missile strike on a residential building in Zaporizhzhia Oblast.

Photo by Stanislav Vierbii for Project HOPE, 2025.

Ukraine Update

- **Provided humanitarian assistance to over 200 various facilities to date**, including **115 health facilities**, 13 centers for internally displaced people (IDPs), 57 local administrations, and 21 non-governmental organizations in 23 oblasts.
- Distributed lifesaving medicines and medical supplies worth nearly **\$16.5 million** to health facilities across Ukraine — with 11,475 items of pharmaceuticals worth \$14,500 distributed to nine health facilities across eight oblasts in the fourth quarter of 2025
- Donated 37,500 doses of the **Hepatitis B vaccine** across 23 oblasts in Ukraine and the city of Kyiv, to improve access to essential preventive health care for high-risk populations.
- Distributed 440 packages of the **life-saving antibiotic Tobramycin** to medical facilities across 18 oblasts in Ukraine, with a total value of \$1.9 million.
- Distributed over **88,132 winterization supplies and non-food items**, including thermal clothes, electrical heaters, kettles, mattresses, pillows, blankets, bed linens, and solid fuel to 87 health and social service facilities during the 2024 – 2025 winter season.
- Supported 4,222 households with cash assistance for utility payments as part of winterization activities, reaching 11,897 individuals across Kherson, Kharkiv, Zaporizhzhia, Sumy, and Donetsk oblasts during the 2024 – 2025 winter season.
- Delivered and installed **234 generators** to strengthen the capacity of **128 facilities**.
- Equipped first responders in Kherson, Kharkiv, Sumy, and Dnipro oblasts with **13 ambulances**, supporting a total of **36,029 patient transportations** to date — with **590 transportations** in the fourth quarter of 2025.
- Through our Local Medical Units activity, supported **206 health workers** who have gone on to provide a total of **1,866,336 medical consultations to 685,123 patients** at 28 health facilities across Ukraine — reaching **11,257 patients** in the fourth quarter of 2025 through **98,880 consultations**.
- Launched **two mobile pharmacies** that have provided **168,738 pharmaceutical items to 2,765 people** in Chernihiv and Sumy oblasts to address critical gaps in medication access and health care capacity in conflict-affected regions — reaching **2,500 people with 156,188 pharmaceutical items** in the fourth quarter of 2025.
- Provided gender-based violence prevention and response services to **74,331 people** to protect survivors — reaching **7,022 people** participants in the fourth quarter of 2025.
- Reached **13,432 health care workers** across **87 health facilities** with health worker trainings on topics like European Pediatric Advanced Life Support, Trauma and Disaster Team Response, Psychological First Aid, Mental Health Gap, Basic Life Support, Infection Prevention and Control, WASH, Sexual and Gender-Based Violence, Medical Supply Chain, and nursing — with **70 health workers** trained in the fourth quarter of 2025.



A doctor with one of Project HOPE's mobile medical units provides a young boy with a primary health consultation in Kherson Oblast.

Photo by Nikita Hlazyrin for Project HOPE, 2025.



Project HOPE currently operates **19 mobile medical units**.

To date, these units have provided **1,719,934 medical consultations** (including 25,478 mental health consultations) to **659,911 patients** in the Zaporizhzhia, Odesa, Mykolaiv, Kherson, Dnipropetrovsk, Donetsk, Dnipro, and Kharkiv oblasts — with mobile medical units reaching **23,071 patients** in the fourth quarter of 2025 through **122,785 consultations**.



Project HOPE's Chief Health Officer, Dr. Uche Ralph-Opara, participates in an MHPSS activity with women at one of Project HOPE's centers in Ukraine.

Photo by Stanislav Vierbii for Project HOPE, 2025.

- Continued renovation of the **Hostomel Ambulatory in Kyiv Oblast** and **energy efficiency projects for Oleksandrivka Ambulatory in Odesa Oblast**. To date, **20 health and social service facilities have been successfully reconstructed** by Project HOPE's team and reopened in Kyiv, Chernihiv, Kharkiv, Kherson, Dnipro, Mykolaiv, and Sumy oblasts.
- Distributed **193,054 hygiene kits and essential non-food items** to cover the basic needs of **362,119 individuals** — with **734 hygiene kits** delivered in the fourth quarter of 2025.
- Renovated and rehabilitated **167 sanitation stations** in 24 health care facilities, improving infection prevention for facilities serving nearly **792,603 people**.
- Delivered **1,590,474 six-liter bottles of drinking water** to 12 health facilities and community members in 35 settlements to cover the needs of **167,133 Ukrainians**.
- Rehabilitated **seven boreholes** in Kherson and Kyiv oblasts, to secure consistent and safe **access to clean and safe water** for over **161,278 people**.

Moldova.

- Distributed **10,777 units of pharmaceuticals, 43,069 units of medical supplies, and 1,603 pieces of medical equipment worth over \$416,700** to Ștefan Vodă, Florești and Telenеști primary health facilities.
- Supported **397 patients** from Florești and Ștefan-Vodă districts with **eye screenings** and **rapid tests** for blood glucose and cholesterol levels.
- Supported **2,016 Ukrainian refugees and host community members with medical vouchers** as well as **150 individuals** with **hygiene vouchers**.
- Reached **366 health workers at 56 health facilities** with health worker trainings on topics like basic life support, palliative care training, natal check-up, mental health, communication skills and tele-mentoring.
- Piloted a **first aid training session with 24 community members** in Ștefan Vodă and Florești districts to strengthen community resilience and improve basic emergency response skills.
- Within the **Patient School program, 183 patients and family members** to date have participated in **nine workshops** focus on home-based care, disease prevention, nutrition, and managing chronic conditions like diabetes and hypertension.
- Distributed over **1,650 informational leaflets** covering topics such as **breastfeeding, nutrition in pregnancy, postnatal care, diabetes management, decubitus prevention, and hand hygiene** to primary health facilities in Ștefan Vodă, Florești and Telenesti.



Project HOPE provided **MHPSS services** to **357,843 Ukrainians** at five IDP centers, eight MHPSS sites established by Project HOPE, 46 hospitals, 25 MMUs, and through online consultations — reaching **24,028 participants** in the fourth quarter of 2025.



Project HOPE's team in Moldova attends an event at Ștefan Vodă Health Center marking the end of the REACH Program and finalizing a vehicle donation to enable mobile medical activities in the long term.
Photo by Project HOPE Staff, 2025.



Project HOPE is currently operating **two MMUs** that have provided **7,164 medical consultations** to 4,184 patients and **3,506 mental health consultations** to 2,147 patients in Ștefan Vodă, Florești and Telenеști districts — reaching **243 patients** with 698 medical consultations and **100 patients** with 265 mental health consultations in the fourth quarter of 2025.

Poland.

- In partnership with the Institute of Psychology at Jagiellonian University in Krakow, the Project HOPE Polska team launched the **Mind C.A.R.E. (Communication, Acceptance, Relationships, and Empowerment)** training program and continues to improve the mental well-being of school nurses and professionals and empower them with the skills they need to better support students. To date, the program has reached **371 school and health professionals** from the Małopolskie, Podlaskie, Lubelskie, Opolskie, Śląskie, and Podkarpackie — with 119 individuals reached in the fourth quarter of 2025.
- Facilitated **3,230 Polish and English language classes for 1,518 people.**
- Supported **94 individuals with translation services** for medical and administrative documents.



Project HOPE team members and a representative from the Elsa & Peter Soderberg Foundation visit a local school in Saspów, Poland to review program activities and discuss future continuation.

Photo by Project HOPE Staff, 2025.



Project HOPE is operating **three mobile MHPSS units** that have since provided **2,278 mental health consultations to 624 participants, 965 individual information sessions** to 211 participants, and **904 social cohesion sessions** to 532 participants at ten shelters for Ukrainian refugees, five schools, and seven language centers across Małopolskie, Podkarpackie, and Lubelskie. These units reached **758 people** during **7,385 site visits** in the fourth quarter of 2025.



The Poland team and a representative from the Elsa & Peter Soderberg Foundation stand with children participating in mental health and psychosocial activities.

Photo by Project HOPE Staff, 2025.